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### Inside This Issue

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# The COMMUNITY BUGLE™

Vol. 16 No. 8 Inter-Community Newspaper Serving Southwest California OCTOBER 2013

## Million Father March

By Stephanie Oliveira, Student  
Centennial High, Corona

On Saturday, September 7, 2013, despite their social and cultural barriers, fathers united in Fontana, California. They marched for a common purpose to stress the important role a father plays in a child's life and promote father-child interaction to give dads the opportunity to mold their children into people with a sense of good character.

For people like Jody Johnson, a community coming together to proclaim the

importance of a father's role in his child's life will always hold sentimental value. Johnson, one of the many fathers in attendance, has struggled with sickle cell disease his entire life. He has learned to value life's unexpected surprises and always make the best of all situations. Despite doctor's predictions he would not live beyond his youth, Johnson married the woman of his dreams, helped raise their daughters, and pursued his passion for gospel song writing, which has topped

see **FATHERS** page 6



## Age Is Nothing But A Number

At 97 years of age, Wini Tigrett, who has been training with ballroom champion, Dennis Lyle, for 28 years, was the 1st place winner of The Nevada Star Ball, a nationally recognized dance competition held August 14th to 17th in Las Vegas.

Tigrett, not only won 1st place in all her dances, but 3 years ago, she fell and broke her neck on June 2nd and returned to the dance floor 2 months later to compete and win in the Gold Division.

Over the past 28 years, she has trained with Lyle twice a week and has competed in 35 competitions, danced in over 50 shows, and inspired many to realize that age is nothing but a number. She has danced swing, salsa, waltz, tango,



Tigrett and Lyle

rumba, cha cha, merengue, samba, foxtrot, and the nightclub two step, just to name a few.

Wini Tigrett recently moved from Orange County, CA to Temecula, CA to "retire." "She may have slowed down compared to the start of her dance career, but she's always had the heart of a champion," says Dennis Lyle.

Dennis Lyle, owner of The Ballroom, located in Temecula has trained dancers that have appeared on *Dancing with the Stars*, *So You Think You Can Dance*, as well as taught thousands of students to be smooth, comfortable, and confident social dancers.

## Greek Food Festival - More Than Yogurt!

The latest fad making the rounds is GREEK yogurt. The word "Greek" is hot right now. It's hard to know when you have the authentic article. They all put "Greek" in their name to sell their brand.

One place for health conscious food lovers is guaranteed to be the real deal: The Greek Festival at the Temecula Civic Center. Hours are 11a.m. to 9 p.m. on Saturday, October 19th, and Noon to 8 p.m., Sunday, the 20th.

You will soon find yourself sampling the dolmathes, keftethes, lemon chicken, gyro sandwiches with tzatziki sauce, feta cheese, tiropita, spanakopita, Kalamata olives (don't let the long names deter you; one taste and you will be hooked). Then there are the pastry dishes. So popular, they are displayed in their own special area in the Civic Center conference room, the array and the aroma are dazzling. Karithopita, galactobouriko, kataifi,

kourambiethes, baklavah – shall I go on? Melomecarona, koulourakia, paximathia, pasta flora, ravani, oh yes, and ek mek kataifi.

No need to memorize what the Greek terms stand for, just point and say how many you want. You can't make a bad choice. If you've been to a Greek Festival before, we know we'll see you there. If you have no idea what it's like, your nose and your stomach will insist that you come see what the A List knows. Be prepared for a feast with more food adventures than you can take at one sitting. Come Saturday, so you can plan to come again on Sunday.

There are other things we can talk about: The live music and dancing, the children's area, the prizes and surprises. But the main attraction is the food. When you decide to come out of your eating rut, we'll be there. See you! Opa!

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## Craft Faire Features Handcrafters and Artists

The sixteenth annual Craft Faire of the Temecula United Methodist Church will be held Saturday, October 26 from 8:30am to 3:00pm. We have over eighty vendors this year offering high quality handcrafted items in many art forms. And the llamas will be back again this year.

There will also be a Bake Sale and books, CDs, and games will be on sale. Continental Breakfast and light lunch are available. Free Admission. Proceeds benefit local mission projects.

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## Community Voice

### We have lost our moralities

Let's see if I have this correct. Paula Deen admits saying the "N" word and Wal-Mart, Target, QVC and others drop her. What hypocrites - those same stores sell rap DVD's and CD's filled with the "N" word plus kill the whites and cops - maybe their principles stop with Paula!

Anthony Weiner sends out photos of his wiener and he gets his full pension and he gets to run for another pension and yet a "Hot Shot" who is killed while fighting a fire has no financial support benefit for his

family. The family is told "sorry we have rules".

Now we have the white house jokes - on vacation 12 times a year - that makes it very clear and if his lips move, he is lying. It will take a long time to get respect back to that house and sadly of course if Hillary runs and wins it may never come back.

*Submitted by Al Wohlfarth, Hemet  
Republished from our September online edition*

### Productive Education Alternatives

The recent report card issued for Inland and state-wide school systems heralds the improvement in test scores among our youngsters. That's terrific !!!

Topping the list of schools with great success are those charter and private institutions with innovative teaching concepts, such as STEM emphasis and such revolutionary techniques as parent responsibility and...gasp... discipline among pupils. Notice I don't use the abused term "student" for kids who just barely show up and occasionally hang around for the entire school day to insure that state funds continue to flow and their free lunch is actually eaten.

Can there be any sane legislator "serving" the citizens of the Golden State who really believes that SEIU member janitors, food servants, and maintenance staff need to approve the establishment of new charter schools?? How about the majority of card-carrying teachers who must first agree that capitalistic and competitive free agent educators be given the opportunity to do the job better and cheaper in the charter environment??

Gov. Jerry Brown previously vetoed a ridiculous bill passed by the prostitute Senate and Assembly, which also punished charter applicants with impossibly obstructionist requirements to safeguard

the poor performance by public institutions. These same systems are dominated and dictated by ineffective teachers and administrators promoted from the ranks of teachers who have seniority and prefer not to retire early.

Would that educators see the real wisdom in inculcating goodness, courtesy, consideration, personal responsibility, objective US and world history, and practical economics. Such revolutionary tactics might include limiting instant gratification, understanding use of smart credit, balancing a checkbook, writing in authentic English or even American that is contrasted to tweet contraction. How about promotion of modesty that results in a modicum of conventional dress without any compulsion to affect body mutilation that includes tats, piercings, and other scourges against future serious adult life. I would further really welcome the opportunity to occupy public seating that is harmless, unlike after some unclean teen or wannabe has left a deposit of infectious matter transferred from cut-off or tattered jeans that are unprotected by sanitary, washable undergarments.

Is that too much to ask of rebel youth, mentored by serious educators??

*Submitted by Ken Woytek, Menifee*

### Crafters Wanted

Adult crafters are invited to participate in the 13th Annual Canyon Lake Holiday Boutique sponsored by the Senior Committee. It is being held on November 9 and 10 at the Senior Center, located at 23307 Canyon Lake Drive (entrance at the main gate). All items must be handcrafted.


Entry fee is \$25 with 15% of the crafter's sales donated to the Senior Center. Signups are held at the Senior Center from 10 a.m. to noon every Monday through October 21. There will be one evening signup on October 14 from 5 to 7 p.m. For more info contact Betty at 244-4126.

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## "DOGTOBER FEST"

October 12 from 10 am. to 4 p.m. at Peterson Park on Murrieta Rd. in Sun City., Sun City K-9 Adoptions and Menifee Valley Humane Society are combining forces to have, not only an adoptions event, but there will be a Dog

Costume Contest, Entertainment, BBQ, Bake Sale (for doggies and humans), Dunk Tank, Face Painting and Food Truck. What more could we ask for? Both groups are non-kill shelters. For more information call Jennifer at 951 679-6444.

## Movie Review Republished from our September online edition

### Elysium



The art of predicting the future has met with much skeptical opinion and inconclusive results. Yet many entertainment venues have been successful in predicting the future. Space

travel is a case in point from the era of early TV to comic books. Later, *The Jetsons* portrayed technology for everything from putting on our clothes to grooming ourselves through robotics. *The Jetsons* celebrated the dreams of progress. We were lucky to have this show growing up as it provided a rare glimpse into a happy future as compared to an impending bleak and terrifying one. *Oblivion*, by comparison, displayed an Earth that had been taken over and ravaged by an alien race. There are hundreds of such movies that portray a dystopian future.

As children, we are told to think big for a bright future, but most fictional stories deal with a darker future. Why is that? I think it's because most of us are dissatisfied with the progress of mankind. We had hoped to experience an amazing era where we wouldn't have to worry about anything. Our culture changes but the people continue to harbor elements of greed and an obsession for power. We can now add *Elysium* to the pile of dystopian cinema.

The year is 2154 and there is a total separation of class. The wealthiest live on a space station called Elysium that is like heaven where there is no sickness and everyone is happy. The rest live on Earth which has become overpopulated and ruined by decay and pollution. The poor dream of making it to Elysium, so much so that illegal space ships often attempt to bring these people there, only to be sent back by robots that are basically like border patrol agents. So in this universe, you're either living in Heaven or Hell.

Working in one of the robot factories is Max Costa (played by Matt Damon). He's been looking to get to Elysium ever since he was an orphan but he has a prison record for gang warfare. An accident at work causes him to be exposed to

radiation and he is given only five days to live. With nothing to lose, Max confronts an old friend with gang connections to get him a ticket to space. They agree but also give him a dangerous assignment and an exoskeleton to help him in his weakened condition. He is to track his companies' CEO John Carlyle (played by William Fichtner) for some information. After a bloody coup, Max ends up with information that could change the policies of Elysium, taking it out of the hands of Jessica Delacourt (played by Jodie Foster)

*Elysium* is a giant step backward for director Neill Blomkamp after the amazingly creative *District 9*. The idea of the total separation of class is nothing new (best example being *Metropolis*) but what is original here is the design. Blomkamp knows how to bring the crappiest of environments to life. Los Angeles is designed like the slums of an impoverished Mexican city while Elysium looks like the world's creepiest country club. I'm not sure I would want to live in either place.

I'm guessing the contrast was intentional because there really isn't much of a subtext here. It's your basic battle of the classes. While I will praise the visuals, design, and decent action, *Elysium* left me with more questions than answers. Does the U.S. government still function? Are the other countries in a desolate state? Just what do the people in Elysium do all day? Plus, they make it clear that illegal immigrants keep on trying to get to Elysium, but given that their bodies need a code to be classified as citizens, what do they expect when they're caught? Even up there, those escapees are still broke as dirt and won't be able to afford anything.

I'll give this two and a half images of the Elysium space station out of five. I think that the biggest disappointment of *Elysium* is that it keeps its intentions too simplistic. If there is supposed to be a moral to the story, it doesn't seem like much of it was thought through.

More Robert Nickerson reviews are available at [www.mastermindfilmproductions.com](http://www.mastermindfilmproductions.com)

# Craft Faire

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## World Series Classics-1960 LVII

By Edd McDermott, Menifee



After four games of the 1960 World Series, the New York Yankees had scored 32 runs and the Pittsburgh Pirates managed a paltry 12. Sounds like a Yankee sweep. Wrong! At that juncture, the Series was tied at 2 games apiece.

After six games of the 1960 Series, the Yankees had scored 46 runs to the Pirates 17. Surely a Yankee triumph to the tune of four games to two had been sealed in the record books. Guess again! Once more, the Series was deadlocked.

The rivals had fashioned vastly different methods while forcing a seventh and deciding game. The Yankees wielded a sledgehammer, while the Pirates employed finesse.

The Series opened at Forbes Field, Pittsburgh, on October 5, 1960. Vernon Law and Elroy Face combined to "hold" the Bronx Bombers to four runs while their mates plated six. The very next day, the Yankees launched a ferocious attack on six Pirate pitchers, torching them for 19 hits, as they steamrolled the Bucs, 16-3.

On October 8, 1960 (exactly four years after Don Larsen's perfecto) the Series moved to fabled Yankee Stadium. The Yankees continued their fireworks display with Bobby Richardson driving in six runs and Mickey Mantle collecting four hits, as the Yanks crushed the visitors, 10-0. Stunned and shaken, the Pirates turned to Vernon Law in game four and Harvey Haddix in game five to stanch the bleeding. With relief help from Elroy Face (5 1/3 perfect relief innings) the Pirates returned to Forbes Field sporting a 3-2 advantage. Then the roof caved in.

Pittsburgh-October 12, 1960. New York ravaged Pirate pitching for 17 hits and 12 runs, as Whitey Ford twirled a complete game shut-out. That lop-sided victory set the stage for the most intoxicating event in all of sport: Game Seven.

**Mantle Moves Mazeroski from Obscurity to Cooperstown - October 13, 1960.**

The Pirates, taking a page from their counterparts, flexed their collective muscles and vaunted to a 9-7 lead after eight innings. Bob Friend was summoned to close out the Yankees and the World Series in the top of the ninth. Plans of Murtaugh and Friend, oftimes go awry. Bobby Richardson and pinch-swinger Dale Long harshly greeted Friend with consecutive singles. Enter Harvey Haddix.

After Roger Maris fouled out, Mantle delivered a single that scored Richardson and moved pinch-runner, Gil McDougald, to third. (Score now 9-8 Pirates). Lawrence "Yogi" Berra then hit a one-hop smash toward first base. Rocky Nelson stepped on the bag and cocked his arm to complete the game ending double play. In what seemed a moment frozen in time, Mantle, realizing he had no chance to beat a throw to second base, dove back under the startled Nelson's tag. That unforgettable play allowed McDougald to score the tying run. Bill Skowron grounded out ending the inning. The Pirates had three more outs to become improbable World Series titlists. The first man Ralph Terry faced was Bill Mazeroski. Thanks to Mantle's quick-thinking, Mazeroski was able to find his niche in the Hall of Fame by lining Terry's second pitch over the left-field wall.

### FAST FACTS:

- The Pirate hurlers finished the Series with an astronomical ERA of 7.11.
- In the seven games, the Yankees outscored the Pirates, 55-27.
- In 1962, Ralph Terry, goat of the '60 Series, spun a four-hit seventh game shutout over the San Francisco Giants, 1-0.
- William Stanley Mazeroski's seventeen year career (all with the Pirates) produced a lifetime batting average of .260-stole 27 bases, but was caught 23 times. Since his bat and running ability was average at best, perhaps his eight gold gloves influenced the Hall of Fame balloters. Or, perhaps one dramatic home-run blinded the voting populace.

Answer to the May 2013 trivia question: (From 1954 to 1996 the Dodgers had only two managers. Who were they?) Walter "Smokey" Alston and Tommy Lasorda.

This month's brain-tickler: When Don Larsen pitched his perfect game, only once did he allow a Dodger batter to up the count to 3-2. Who was that batter??

Email your answer to: [mcdermott109@gmail.com](mailto:mcdermott109@gmail.com)  
No prize, but you will rejoice in the fact that your mind is cluttered with useless facts.

### Merry October all.

Reference Material: *Baseball Almanac-Steve Heldt and Jack Kreismer. Lost Ballparks, Lawrence S. Ritter. Baseball as a Road to God: Seeing Beyond the Game.* by John Sexton.



### Chef Jerry

As a former food editor in Tacoma, WA, Jerry found the best recipes were ones that were simple, easy to prepare and both delicious and nutritious.

#### Mexican Rice and Bean Skillet

- 3 celery bibs, chopped
- 1 small sweet onion, chopped
- 1 large red bell pepper, chopped
- 1 Tbl Olive Oil
- 1 can (16oz) kidney or pinto beans, rinsed and drained
- 1 can (28oz) diced tomatoes, undrained
- 2 cups brown rice, cooked
- 2 tsp Worcestershire sauce
- 1 3/4 tsp chile powder
- 1/2 cup shredded cheese
- 1/4 cup sour cream
- 3 Tbl cilantro, chopped
- 2 green onions, chopped

1. In a large skillet, saute the celery, onion, and bell pepper in oil until tender.
2. Stir in beans, tomatoes, cooked rice, Worcestershire sauce, and chile powder.
3. Bring to a boil, reduce heat, cover and simmer 7-10 minutes until heated through.
4. Top servings with cheese, sour cream, cilantro and green onion.

Serve with tortilla chips and salad.  
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## Orange County Fair Top Award

The 2013 Orange County Fair Culinary Arts Awards results are in and Renee Allison of Murrieta won First Place in Toffees & Brittles. Renee's Peanut Butter Toffee was also awarded the Overall Division Winner in Confections.

Renee has been using a family toffee recipe handed down from her grandmother since 1984 to build up her small business. A new California Law, enacted Jan. 1 for home cottage industries, was a way in for going from gifts and holiday confections to the beginning of a start-up home business.

Renee has volunteered to participate in the annual fundraiser for "Hospice of the Valleys" to be held at South Coast Winery in Temecula on Sunday, Sept. 29, to help raise funds for hospice patients.

*Republished from our September online edition*



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## Introducing Dr. Rome Walter

Summit Family Medicine is happy to introduce Dr. Rome Walter. He has been practicing in Montana and recently came to California. His practice accepts Medicare, PPO, and TriWest insurances. Dr. Walter cares for the entire family and loves being able to help people in their quest to be healthy.



and energy that come from lifestyle change are well worth it. He grew up loathing running and being a reluctant swimmer, but started later in life to train for triathlons and now stays active regularly. He made it through college on a Top Ramen, Taco Bell diet but now has done several juice cleanses, tried sugar free, dairy free,

Along with his faith and family, the most fulfilling moments in his life have been during the practice of the healing arts (aka medicine). Especially inspiring are the experiences of guiding his patients toward wellness and being able to help them avoid the lifelong burdens of pharmaceutical drugs or the risk and recovery of surgery. Though this approach often takes time, patience, and a commitment to see a patient through, it is incredibly fulfilling and enjoyable.

gluten free diets to see how challenging they are and how well they work. He now follows a balanced approach to food with a whole food focus and periodic fasting and food restrictions to get his edge back.

It is difficult to find a doctor who truly cares. Dr. Walter is that type of doctor. If you want a doctor who will work with you to achieve your goals, call 951 696 2215.

The word doctor comes from the Latin for "teacher." It is a privilege to teach, and to Dr. Walter that means he must practice what he preaches. Changing old habits aren't easy, but the well being

You may also meet Dr. Walter in person at our Health Fair on October 9th from 4 to 7 pm. For more information on Summit Family Medicine visit our website at [www.summitmedicine.com](http://www.summitmedicine.com) and see our ad on page 5.

The Community Food Pantry — Community Outreach Center of the Valley  
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# God's Work, Our Hands

Shepherd of Life Lutheran Church (SOLLC), Lake Elsinore, CA, celebrated the Evangelical Lutheran Church in America's 25th Anniversary with the theme God's Work, Our Hands. SOLLC decided to reach out and serve the local food pantry, Helping Our People in Elsinore (H.O.P.E.), by repacking bulk rice and beans as the project for this dedicated day of service.

After a brief worship service that included a blessing of the hands, members and friends of SOLLC went into the fellowship hall and took 1000 lbs of bulk rice and beans and made 1000 individual packets for H.O.P.E. to distribute at the food pantry.

Wearing bright yellow T-shirts stating "Always Being Made New", the helping hands from the congregation's youth all the way to a 90+ member finished packing

all of the bags in less than 30 minutes.

"This was another great opportunity for our members to work with H.O.P.E. to help our community and the ongoing need for feeding the hungry and homeless," said Kristine Anderson, SOLLC's congregational president. "There was excitement in the air and a feeling of great accomplishment when the last bag was sealed."

"SOLLC was one of the founding churches of H.O.P.E.," said Ron Hewison, H.O.P.E.'s CEO. "Twenty plus years later they remain a faithful partner. Thank you so much to all who helped on this project! It will certainly help the most vulnerable in the community."

Earlier in the year SOLLC was proud to present H.O.P.E. a check in the amount of \$20,170 to help their backpack ministry through the fundraising efforts and a grant from Thrivent Financial for Lutherans.



## Summit Family Medicine Welcomes Dr. Walter



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**Dr. Rome Walter, DO**

I am a board certified Family Medicine physician who thrives on meeting the wellness needs of the family, from the newest infant to the most seasoned senior. I most recently practiced in Northern Montana where I completed my obligations as a National Health Service Corp Scholar. The wide scope of rural medicine has blessed me with an appreciation for the holistic connections of the human body. I love the challenge of coupling the advances of cutting edge science with art of healing to meet the customized health needs of individuals.

Having a wonderful family with five children, I have experienced first hand many of the logistical challenges of engaging with our modern day health care system. By partnering with patients in an open minded partnership we can optimize well being.

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## Open Mic Night

At 7 pm on the first Tuesday of the month throughout the year St. Thomas of Canterbury Episcopal Church is hosting Open Mic Night. Singers, musicians and poets of all faiths are welcome to share

their inspiration in a safe and welcoming atmosphere. All ages can perform. Two microphones, guitar amp, grand piano are available. Free admission.

**44651 Avenida de Misiones, Temecula**

### FATHERS

from page 1

charts in the UK. Then, in May 2013, days before his daughter's high school graduation, Johnson's wife unexpectedly died from heart complications, shocking everyone in the family. The loss of their mother left Johnson's daughters, Torché and Shelly, with emotional scars that will take a long time to heal, however, the young women have remained focused on the gratitude they feel towards their father for staying strong and providing them with what they need the most: love and support.

Many children across the nation who experience similar loss are not able to depend on a father's support, especially if they can't effectively interact with their dad on a personal level. But Johnson and his daughters have held onto hope and belief that life is precious and the best thing to do is to stay strong as a family. It is in response to situations similar to Johnson's, that the Black Star Project created the Million Father March campaign, which recognizes the power of male involvement in a child's education and social development.

The march kicked off at eight o'clock a.m. at Seville Park, where city council members, teachers, and event co-ordinator Terry Boykins, CEO of Street Positive, addressed the audience with motivational speeches on how fathers can become more influential figures in their child's upbringing. Visibly moved by Johnson's story, Mr. Boykins urged other attendees to "invest in fatherhood because it will pay dividends for the youth."

Other leaders in the community added to the powerful message. Fontana Mayor Acquanetta Warren shared a personal anecdote of her dad being a "father figure" to others and urged men in the crowd to take on a fatherly role not only to their sons, but other men and women in the community. She reminded the audience that it only takes one influential role model to change a child's approach to life. Mayor Warren read a proclamation declaring, "On behalf of the city, we encourage fathers to take their child to school and have a positive impact on their child's life."

The stage was turned over to Jody Johnson, who performed a touching song, "Family Man," which was inspired by the loss of his wife and is due out for release later this year. His message spoke to all members in the audience, expressing

gratitude to the community for helping him through such a difficult time and offering resources that all fathers should have access to.

After a brief march to City Hall, fathers gathered at group "huddles," where professionals elucidated brief "game plans" on various issues that many fathers have difficulty in teaching their children, including effective communication, health and fitness, money management, and self protection. Jody Johnson visited the "fathers with daughters" huddle led by prevention specialist Martinez Sellers, which stressed the importance of fathers maintaining healthy relationships with their daughters in order to raise strong independent women who are able to strive in what people may perceive as a male dominated society. Sellers expressed the necessity for fathers to support their daughters, listen to them, and respect their uniqueness. He emphasized the involvement of fathers in daughters' lives as a key factor in showing respect for their decisions.

While Johnson was "huddling," his daughters, Torché and Shelly, visited a booth sponsored by Women Wonder Writers (WWW), a Riverside based life-skills and mentorship nonprofit organization, which exhibited paintings by at-risk youth and a sticky note art wall. A large graduation cap with a hot pink tassel formed out of sticky notes adorned a nearby wall, emphasizing the importance of education and graduation and furthering WWW's Let's Stick Together™ campaign, which brings awareness to community issues through sticky note art. Attendees like Torché and Shelly helped write and post notes throughout the day such as one reading, "it's inspiring to see a community really ban together and work toward a common goal."

The guidance that was offered to fathers at the march was truly inspirational. The day gave fathers like Jody Johnson the skills and confidence needed to guide their children in the right path, even when life takes the most unexpected turns. The Million Father March offers confidence to positively influence a child's life, as well as a glimmer of hope for the future. The gathering of the community and the offer of their support is a unique factor, which can help a family overcome tragic loss, get back on their feet, and break through the hard times to achieve the goal.

## "Pippin" opens October 10

PIPPIN is the story of a young prince, son of King Charlemagne the Great, who is spurred on by a mysterious troupe of performers to embark on a death-defying journey to find the meaning of life. Will he choose a happy but simple existence? Or will he risk everything for a singular flash of glory? This jubilant show with its heartwarming story, soaring music, Fosse-esque choreography, magic and acrobatics is an extravaganza sure to thrill, deliver plenty of laughs and touch the heart.

The Old Town Temecula Community Theater production is a collaboration between Fine Arts Network and Mt. San Jacinto College's Menifee Performing Arts programs. Director/Choreographer, Lori Craig Torok says, "We're combining some of the best elements from the current Broadway show and the Fosse original. Having played the part of Fastrada in a New York production, I have always loved this show. It is the perfect balance of heart and spectacle." For tickets call 866-653-8696 or log onto fantheater.com

## Moving Lights Deter Coyotes

In August we reported on a problem with coyotes encroaching on homes in the area and what you can do to deter them. Pets have been nabbed in their own yard, some rescued although with injury and some not lucky enough to have survived.

Animal Friends of the Valleys provided tips on how you may help protect your home and pets through hazing. After reading about the hazing method, one reader called with an idea that worked for her home which they happened upon quite by accident. It was at Christmastime and they had strings of little white lights that had a programmable motion device. The device was programmed to make the lights appear to move in various patterns over time. Coyotes had been a problem before the lights went on but afterward they were deterred by the motion of the lights. This Temecula resident keeps those moving lights on all year now and the coyotes stay away.

The hazing method is recommended when you are at home and see a coyote on your property. It involves being loud and

large:

- Stand tall, wave your arms, and yell at the coyote, approaching him if necessary, until he runs away.
- If a coyote has not been hazed before, he may not immediately run away when you yell at him. If this happens, you may need to walk towards the coyote and increase the intensity of your hazing.
- The coyote may run away, but then stop after a distance and look at you. It is important to continue to go after the coyote until he completely leaves the area.
- Noisemakers: Voice, whistles, air horns, bells, "shaker" cans full of marbles or pennies, pots, lids, or pie pans banged together.
- Projectiles: sticks, small rocks, cans, tennis balls, rubber balls.
- Other: hoses, water guns with vinegar water, spray bottles with vinegar water, pepper spray, bear repellent.

Remember, keeping pets and pet food inside is the best way to not attract coyotes into your yard.

*Republished from our September online edition*

## Brite Night at the Elks Lodge

The Lake Elsinore/Wildomar Elks Lodge No. 2591 holds meetings the first four Tuesdays of each month. When there is a fifth Tuesday, it is called Brite Nite and special activities or programs are scheduled. On July 30 the meeting was held in support of Pawz, an agency that supplies service dogs to veterans with disabilities.

Jenny Mulhern, Elks National Service Foundation Chairperson, highlighted the evening when she presented a check of \$1500 from the foundation toward sponsoring a service dog for a veteran who had been wounded or with a disability. In addition, collections have been taken up for the support of Pawz. The Elks Ladies are also raffling a quilt produced by

Colleen Yarchever and her quilting group. They are also donating proceeds from their Sunday desserts for this project.

At the Brite Nite, representatives of Canine Support Teams, Inc., which supports Pawz were present. They were Rosie Girardot, Client and Community Relations Manager, and Kristine Turner, Marketing Manager. They distributed brochures regarding their agency and answered questions from those in attendance. Two veterans were also present with their service dogs (pictured below). Also present was Jason Tomblason, A Marine Gunnery Sergeant, who is a member of The Wounded Warrior Group and a supporter of Pawz.

*Republished from our September online edition*

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Pictured left is Brandy Bass, a Navy veteran with her dog "Spirit." Pictured right is Karl Johnstone, a Marine veteran who served three tours in Iraq. He is with his dog "Trooper". Both dogs are tan Labs and brother and sister. Both veterans described the services the dogs perform.

## Ladies Night Out Free, Informative Health Discussion Group

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**Beginner Guitar Lessons - Call for Free Introductory Class.**  
Four 30 minute private lessons, \$60. Experienced college teacher. All ages, all styles, classical to hard rock. In a few weeks you will be playing your favorite songs by notes or tabs. **951-698-5788**

**Garage Sale - Benefit for Sun City K-9 Adoptions**  
October 24, 25 and 26 from 8 am to 3 pm at 29239 Desert Hills Road, Sun City. The shelter survives solely on donations and fundraising so please come. For more info call **951-679-3597**

**Adoptions and Foster Care - Walden Family Services** Children and young adults just need a safe and loving place to call home. To learn more visit [www.waldenfamily.org](http://www.waldenfamily.org) or call **951-788-5905**  
Riverside Lic: 336403491 Adoptions Lic: 374603094

## Local Events Now Posted Online

New at [www.thebugle.com](http://www.thebugle.com) is a list of Local Events. Need free promotions? Looking for a yard sale? Having a yard sale? Inviting the public to your grand opening? Events of Bugle readers, who receive a Free copy of the Bugle by email,

are posted on our Local Events page at no charge. Also, free to the public events hosted by local businesses are posted at no charge. Email your event info to [info@thebugle.com](mailto:info@thebugle.com)

**SPREAD THE WORD**

## Pet Adoptions

**Sun City K9 Adoptions**  
26510 Murrieta Road • Sun City  
**951-679-6444**  
*Open seven days/week*  
*9:30 a.m. to 3:30 p.m.*  
No-Kill Non Profit Rescue - All our dogs and cats are altered and microchipped.  
[www.sck9adoptions.org](http://www.sck9adoptions.org)

**Animal Friends of the Valleys**  
33751 Mission Trail • Wildomar  
**951 674-0618**  
  
Please visit our website to view all of our currently available animals:  
[www.animalfriendsofthevalleys.com](http://www.animalfriendsofthevalleys.com)

## DYNAMIC WOMEN LUNCH MEETINGS

**Menifee/Murrieta Success UP NAFE Affiliate Network**  
Second Wednesday of each month at 11:30.

*Dynamic speakers and the opportunity to network with other dynamic women. Our mission is to help women grow both personally and professionally.*

**Wednesday, October 9 - 11:30am • Networking / Lunch Meeting**  
Guest Speaker: **Tammy Chriss**  
**"Success Strategies for Small Business"**

Meeting Fee: Members \$10, Guests \$15 (Cash or check payable to Robbie Motter)  
**Location:** Boston Billie's (26850 Cherry Hills Blvd. Menifee).  
Lunch may be ordered and paid for by the individual directly to the restaurant.  
RSVP: **Robbie Motter, Director: 951-679-8048** [rmotter@aol.com](mailto:rmotter@aol.com)

## Club/Org Events

**Retired, Set, Go!** meetings on the 3rd Wednesday of every month from 11:30-12:30 at the Sun City Library, 26982 Cherry Hills Blvd. Free and the public is invited. Topics: aging issues and fun topics of interest to the community. Hospice of the Valleys **951-200-7800**.

**Seniors' Golden Years** -12:45 pm on the second and fourth Wednesdays of each month at the Mary Phillips Senior Center, 41845 6th St. in Temecula. \$ Bingo 100% payout. Lots of fun. For info call **951-694-6466**

**Temecula Valley Computer User Group** <http://www.tvcug.org>  
1st Saturday of each month at the Rancho Water District (42135 Winchester Rd., Temecula) from 8:30-11:30 am. All ages welcome.

**SW Riverside County Marine Corps League** Detachment 1057 meets on the last Saturday of each month at 9am at Grand Isles, 24405 Village Walk Place in Murrieta. More info: [www.mcl1057.org](http://www.mcl1057.org) or call **951-775-1191**.

**The Mended Hearts, Inc.** meets the 3rd Saturday of each month, 10 am to noon. We invite heart patients & their caregivers to join us at Rancho Springs Medical Center, 25500 Medical Center Drive, (Administrative Bldg.), Murrieta. More info: **951-461-6958**

**Hand & Foot Card Game** - Every Tuesday from noon to 4:00 pm at the Temeku Clubhouse (41687 Temeku Dr. in Temecula.) Everyone is welcomed. Call Sheila at 951-699-8189.

**Senior Citizen Services** - Monday thru Friday, 8 –noon & 1-4 pm at the Kay Cenicerros Community Center (29995 Evans Road in Sun City). To report a senior at-risk please call **(951) 679-2374**

**Geri-Fit® strength training classes** for older adults offered at Kay Cenicerros Senior Center and Marion V. Ashley Community Center. \$32 for eight classes. Bring 2-pound dumbbells. No floorwork! For more info or to register call **951-694-6873** or visit [gerifit.com](http://gerifit.com)

**Murrieta Breakfast Lions** - Sight and Hearing Assistance Service Club plus youth programs. 2nd and 4th Tuesdays, 7-8 am. Grand Isle Apts. on Village Walk. **951-677-8548 or 461-3054**

**Temecula Valley Elks #2801** meet on the first, third, and fourth Tuesday of each month at the Lodge located at 28061 Diaz Road in Temecula. For info call **951-695-7470**

**Lake Elsinore/Wildomar Elks #2591** meet on the first four Tuesdays of each month at 7:30 p.m. at the lodge located at 33700 Mission Trail, Wildomar. For info call (951) **674-6804**.

**Temecula Valley Rose Society** - Meets on the third Thursday of the month, 10:15 am, at the Temecula Public Library (30600 Pauba Road). Topic on Oct. 17 "Edible Landscapes, all done Organically." Prospective members welcome. **951-551-5505**

**Temecula Valley Prospectors** - Monthly meetings held 2nd Saturday of each month. 9:00am to 11:30am, Temecula Community Center (28816 Pujol St., Temecula) Fun with Metal Detecting, Gold Panning, etc. For all ages. <http://gpaatvp.com>

**Temecula Valley Newcomers Club** - third Monday of each month. Activities include Fiesta Fridays, various card games, trips to casinos, theatres, museums. Not necessary to be new to the area to join. Further information: **(951)-696-9888**

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