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### Inside This Issue

Moving lights deter coyotes, Brite Night and Pawz, Artists Gallery Reception, Murrieta Rotary Awards, 3 Casino Night Events, "Elysium" Movie Review, Local Winner at OC Fair, Free Event Advertising, Community Voices on Politics, and more...

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# The COMMUNITY BUGLE™

Vol. 16 No. 7 Inter-Community Newspaper Serving Southwest California SEPTEMBER 2013

## Twins from MSJC Selected for UCLA's Summer Training Program

Twin sisters from Mt. San Jacinto College completed an intense 6-week medical program on Aug. 3 at the University of Los Angeles, California.

Moreno Valley residents Melissa and Amanda Gonzalez (pictured left to right), age 20, were accepted into the Summer Medical and Dental Education Program (SMDEP) at the David Geffen School of Medicine at UCLA and the UCLA School of Dentistry.

The program teaches students about health disparities in underserved communities, where proper medical attention is harder to come by. The program focuses on the differences between groups of people and their access to healthcare in hopes that students will return to heal their own hometowns.

"They are pushing us to go back to our own communities after medical school and serve there because we all come from underserved backgrounds," said Melissa, who wants to become a physician in emergency medicine. Her twin Amanda would like to become a family doctor.

In class students learn how to make a diagnosis in case studies, hear about the medical field from guest speakers, pick up new study skills that will aid them in the future, and more. For their final project, students must select an underserved community and design a possible program, such as a health fair, that will educate the population about the health disparities affecting them.

"I'm sure I speak for both of us when I say that we have learned so much more

than we expected," said Melissa. "We are leaving this program with many mentors and advisors that want us to succeed and want us to pursue our dreams."

The twins, who are both Supplemental Instruction leaders and tutors in the Learning Resource Center, found out about the program after researching summer internships at MSJC. Once they return for the fall semester they plan on informing their peers about SMDEP in order to get more students to attend next summer.

"This program has been an amazing experience for us," said Melissa. "[My sister and I] are completely confident becoming future physicians and know that this is what we want to do with our future."

Both Melissa and Amanda are biology majors. They plan on transferring in the fall of 2015 and will apply to UCLA, UC Berkeley, USC, and UCR.

SMDEP is a free program that targets financially disadvantaged college freshman and sophomores who plan on pursuing medical careers. Students are especially considered if they are a part of an underrepresented group in medicine or dentistry. Online applications will be available Nov. 1 at [www.smdep.org](http://www.smdep.org).

"One main thing we are both leaving this program with is that just because we come from an unprivileged background doesn't mean we can't make it," said Melissa. "We are confident and ready to make a difference in our community."

By Emily McKellar, MSJC PR Intern



## Greek Food Festival - More Than Yogurt!

The latest fad making the rounds is GREEK yogurt. The word "Greek" is hot right now. It's hard to know when you have the authentic article. They all put "Greek" in their name to sell their brand.

One place for health conscious food lovers is guaranteed to be the real deal: The Greek Festival at the Temecula Civic Center. Hours are 11a.m. to 9 p.m. on Saturday, October 19th, and Noon to 8 p.m., Sunday, the 20th.

You will soon find yourself sampling the dolmathes, keftethes, lemon chicken, gyro sandwiches with tzatziki sauce, feta cheese, tiropita, spanakopita, Kalamata olives (don't let the long names deter you; one taste and you will be hooked). Then there are the pastry dishes. So popular, they are displayed in their own special area in the Civic Center conference room, the array and the aroma are dazzling. Karithopita, galactobouriko, kataifi,

kourambiethes, baklavah – shall I go on? Melomecarona, koulourakia, paximathia, pasta flora, ravani, oh yes, and ek mek kataifi.

No need to memorize what the Greek terms stand for, just point and say how many you want. You can't make a bad choice. If you've been to a Greek Festival before, we know we'll see you there. If you have no idea what it's like, your nose and your stomach will insist that you come see what the A List knows. Be prepared for a feast with more food adventures than you can take at one sitting. Come Saturday, so you can plan to come again on Sunday.

There are other things we can talk about: The live music and dancing, the children's area, the prizes and surprises. But the main attraction is the food. When you decide to come out of your eating rut, we'll be there. See you! Opa!



## Call For Vendors 16th Annual Craft Faire

Preparation for the 16th Annual Craft Faire of the Temecula United Methodist Church, to be held Saturday, October 26 from 8:30 am to 3:00 pm, is under way. The church is located at 42690 Margarita Rd. in Temecula. The Faire features high quality handcrafts, no commercial items are accepted. Sixty to seventy craftsmen/artists participate each year. The Faire is highly recognized and well attended.

Vendor applications are available at the church or by calling Donnie Weaver

951-676-6269, Doris Elder 951-693-3142, or 951-676-1800 Ex18. Photos of featured crafts must be provided with the application. No Business License is required. Grass area spaces 12x12 are \$40, Covered Patio spaces 6x8 are \$35.

### Attention Shoppers!

Mark your calendar for October 26. Admission is free. A Book and Bake sale are also featured. Proceeds are used to benefit local community and church mission projects.

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## Community Voice

### We have lost our moralities

Let's see if I have this correct. Paula Deen admits saying the "N" word and Wal-Mart, Target, QVC and others drop her. What hypocrites - those same stores sell rap DVD's and CD's filled with the "N" word plus kill the whites and cops - maybe their principles stop with Paula!

Anthony Weiner sends out photos of his wiener and he gets his full pension and he gets to run for another pension and yet a "Hot Shot" who is killed while fighting a

fire has no financial support benefit for his family. The family is told "sorry we have rules".

Now we have the white house jokes - on vacation 12 times a year - that makes it very clear and if his lips move, he is lying. It will take a long time to get respect back to that house and sadly of course if Hillary runs and wins it may never come back.

Submitted by Al Wohlfarth, Hemet

### ICE welcomes new wave of immigrants pleading for sanctuary

You probably haven't heard about the current cute little ploy being exercised by Immigration authorities on orders from the head shed White House. Your government now is being inundated by border-crossers who claim "credible" fear for life and limb from those nasty drug cartel thugs in the Mexican homeland, and are courteously housed in motels along the border entry sites, with federal agents safeguarding them and accompanying family members from harm, fed and clothed, and loaded on buses destined for TX, NM, MO, and several other states where they are admonished to keep appointments for immigration hearings to decide eligibility for visa and permanent residence. Can these well-coached aliens from the South begin to compare personal threats equal to or greater than the vast majority of legitimate refugees we accept in minimal numbers from peace-loving Sudan, Pakistan, Coptic Egypt, Peoples' China, Syria, Iran, or Muslim paradise?? Who expects the meek actually to appear for appointed court dates with immigration judges in far-flung safe neighborhoods that shelter Latins from their wealthy cousins in the dope-running rackets, sustained by elected officials complicit in elicit trafficking with a wink and some vigorish changing hands??

It is clear that the mantra from Democrats, who are for the "little guy," is to forgive and welcome those millions of new voters (who need not produce ID at the polls, because that policy inhibits any

minority in exercise of its Constitutional "right" that appears nowhere in the document.) Citizenship is no prerequisite for voting oneself greater benefits than those enjoyed by actual citizens.

Breathtaking in its audacity is the estimates of those gaming the sanctuary promoted out of compassion for our fellow man, and woman and his kids and their kids, and his siblings and their kids and their grandkids. Well, you know what I mean, but do you understand the forecast for more than 50,000 of these victims over the course of this year alone?? The kicker is that no current law is being violated by this idiotic action. Only when they fail to appear for the scheduled hearings, do these refugees break trust and the law, whereupon the compassionate comprehensive immigration law pending in Congress opens a "path to citizenship." Not simple legitimacy through registration and confession, which is more than all law-breaking invaders really deserve, however hard they work to feed their starving families and subsequently their relatives waiting in Mexico. Even terrorists are not screened before a court hearing is assigned. Imagine the implications of hundreds or even thousands of potential Boston bombers claiming sanctuary, en espanol, of course.

Be afraid, be very afraid for the impact this procedure can mean for you and your citizen kids.

Submitted by Ken Woytek, Menifee

### Instant Cash For Gift Cards and Free Collectible Coins

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Movie Review

Elysium



The art of predicting the future has met with much skeptical opinion and inconclusive results. Yet many entertainment venues have been successful in predicting the future. Space travel is a case in point from the era of early TV to comic books. Later, *The Jetsons* portrayed technology for everything from putting on our clothes to grooming ourselves through robotics. *The Jetsons* celebrated the dreams of progress. We were lucky to have this show growing up as it provided a rare glimpse into a happy future as compared to an impending bleak and terrifying one. *Oblivion*, by comparison, displayed an Earth that had been taken over and ravaged by an alien race. There are hundreds of such movies that portray a dystopian future.

As children, we are told to think big for a bright future, but most fictional stories deal with a darker future. Why is that? I think it's because most of us are dissatisfied with the progress of mankind. We had hoped to experience an amazing era where we wouldn't have to worry about anything. Our culture changes but the people continue to harbor elements of greed and an obsession for power. We can now add *Elysium* to the pile of dystopian cinema.

The year is 2154 and there is a total separation of class. The wealthiest live on a space station called Elysium that is like heaven where there is no sickness and everyone is happy. The rest live on Earth which has become overpopulated and ruined by decay and pollution. The poor dream of making it to Elysium, so much so that illegal space ships often attempt to bring these people there, only to be sent back by robots that are basically like border patrol agents. So in this universe, you're either living in Heaven or Hell.

Working in one of the robot factories is Max Costa (played by Matt Damon). He's been looking to get to Elysium ever since he was an orphan but he has a prison record for gang warfare. An accident at work causes him to be exposed to

radiation and he is given only five days to live. With nothing to lose, Max confronts an old friend with gang connections to get him a ticket to space. They agree but also give him a dangerous assignment and an exoskeleton to help him in his weakened condition. He is to track his companies' CEO John Carlyle (played by William Fichtner) for some information. After a bloody coup, Max ends up with information that could change the policies of Elysium, taking it out of the hands of Jessica Delacourt (played by Jodie Foster).

*Elysium* is a giant step backward for director Neill Blomkamp after the amazingly creative *District 9*. The idea of the total separation of class is nothing new (best example being *Metropolis*) but what is original here is the design. Blomkamp knows how to bring the crappiest of environments to life. Los Angeles is designed like the slums of an impoverished Mexican city while Elysium looks like the world's creepiest country club. I'm not sure I would want to live in either place.

I'm guessing the contrast was intentional because there really isn't much of a subtext here. It's your basic battle of the classes. While I will praise the visuals, design, and decent action, *Elysium* left me with more questions than answers. Does the U.S. government still function? Are the other countries in a desolate state? Just what do the people in Elysium do all day? Plus, they make it clear that illegal immigrants keep on trying to get to Elysium, but given that their bodies need a code to be classified as citizens, what do they expect when they're caught? Even up there, those escapees are still broke as dirt and won't be able to afford anything.

I'll give this two and a half images of the Elysium space station out of five. I think that the biggest disappointment of *Elysium* is that it keeps its intentions too simplistic. If there is supposed to be a moral to the story, it doesn't seem like much of it was thought through.

More Robert Nickerson reviews are available at [www.mastermindfilmproductions.com](http://www.mastermindfilmproductions.com)

Menifee Dems Act to Prevent Global Food Catastrophe

"The sky is falling again..." according to some scientists and ecologists, and local Democrats find the warnings believable enough to take action said Conrad Melton, President of the Menifee-Perris Valley Democratic Club. After noting that highly reputed Greenpeace has launched a world-wide campaign to save the honey bees, Melton brought the issue to his members at their August meeting.

Cited as evidence of the problem in the United States was a shocking report that last winter 45% of all honeybee colonies in the U.S. died. Prior to 2005 the normal loss was 5-10%, but with the introduction of a new group of pesticides, the numbers shot up dramatically to 30% a year and more. Those concerned say another yearly loss like the one last year will trigger a catastrophic collapse of our food supply this very next year.

From flowers to vegetables and chocolate to tequila, pollinators are integral to the planet and the economy, hence, to many aspects of our lives. Both

our environment and our food supply are tied to the welfare of bees, making the decrease in bee populations a cause for serious concern.

At issue is the newly introduced H.R. 2692, the Save America's Pollinators Act, which will require suspending certain uses of neonicotinoids until the Environmental Protection Agency (EPA) reviews these chemicals and makes a new determination about their proper application and safe use.

The European Union has already moved forward with restrictions on the use of neonicotinoids. Raising public awareness of the integral role of pollinators to the world, the precarious state of their population, and what we can do to protect them is imperative. Interested persons may find more at: <http://www.peaceteam-net/action/pnum1131.php>

For information about the Menifee-Perris Valley Democratic Club, call Cindy at 951 672-2798, or go to [www.menifee-perrisdemocrats.org/](http://www.menifee-perrisdemocrats.org/)

Mended Hearts Support Group

The Mended Hearts, Inc., (now aligned with the American College of Cardiology), is a 60 year old national organization whose mission is to inspire hope and improve the quality of life through on-going peer support for heart patients and their caregivers. Together, we learn, teach and share in a friendly, helpful atmosphere. These are folks who know first hand about the importance of getting caring support and guidance before and after a heart-related procedure. We have "been there, done that" and we are living testaments that there can be a healthy future ahead for us. Our focus also includes "mending" hearts that have not been surgically mended, through the compassion and understanding we offer at our peer-to-peer support meetings, or hospital visits to patients.

Our qualified guest speakers (i.e.,

Registered Nurses, Cardiologists, Surgeons, Pharmacists, Dietitians & Nutritionists); provide valuable medical information, latest technologies, up-to-date comprehensive publications, demonstrations, and offer referrals and answers to your lingering questions.

Isn't it worth 2 hours a month to learn how to care for your heart, make friends, make changes and gain hope for a healthy future ahead? Give your heart a second chance.

We invite heart patients and their caregivers to join us from 10am to noon each 3rd Saturday of the month, when the local chapter of the Mended Hearts meets at Rancho Springs Medical Center, 25500 Medical Center Drive, (Administrative Bldg.), Murrieta. Call Bill Desmond for more information: 951-461-6958.

Sun City Pet Adoptions



Harley is a one and a half year old male Lab/Chow mix. He is housetrained. He was adopted as a small puppy but has been relinquished as he outgrew his owner's small back yard. He is good with other dogs. Harley is a lovable and sweet dog.

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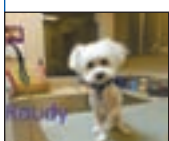
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Open Mic Night

At 7 pm on the first Tuesday of the month throughout the year St. Thomas of Canterbury Episcopal Church in Temecula is hosting Open Mic Night. Singers, musicians and poets of all faiths are welcome to

share their inspiration in a safe and welcoming atmosphere. All ages can perform. Two microphones, guitar amp, grand piano are available. Free admission.

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The Community Food Pantry — Community Outreach Center of the Valley  
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Early Bird Tickets — \$25 per person or \$40 per couple before October 1, 2013  
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To Reserve Tickets call St. Martha's Family Life Center @ 951-440-4287

## Murder Mystery at the Mayor's Ball

On Saturday, September 28, from 5:30 to 10 p.m., the Rotary Club of Menifee and the City of Menifee are sponsoring the Sixth Annual Menifee Mayor's Ball to be held at the Marion Ashley Community Center, 25425 Briggs Rd in Menifee..

This is a signature fundraiser to provide funds for the many community and international projects accomplished by the Rotary club each year. The evening will include an interactive murder mystery running throughout the evening and teams of guests will gather clues to solve the

mystery amid a James Bond style "Casino Royale" theme with a genuine craps table, and blackjack and poker tables. The dinner buffet is catered by Provecho Grill.

Guests may purchase tickets at \$55 per individual and sponsorship packages include groups of tickets. For an additional \$20, you can become a "High Roller" who is catered to by special servers. Deadline to buy is Sept 19; after that date the price rises to \$65 per person. Reservations may be made online at <http://www.menifeerotary.com> or by calling 951-672-1731.

## OC Fair Top Award

The 2013 Orange County Fair Culinary Arts Awards results are in and Renee Allison of Murrieta won First Place in Toffees & Brittles. Renee's Peanut Butter Toffee was also awarded the Overall Division Winner in Confections.

Renee has been using a family toffee recipe handed down from her grandmother since 1984 to build up her small business. A new California Law, enacted Jan. 1 for home cottage industries, was a way in for going from gifts and holiday confections to the beginning of a start-up home business.

Renee has volunteered to participate in the annual fundraiser for "Hospice of the Valleys" to be held at South Coast Winery in Temecula on Sunday, Sept. 29, to help raise funds for hospice patients.



## Horseback Riding Lessons

Equine Experience is located on a beautiful 5 acre estate with deluxe equestrian facilities. Safe and gentle lesson horses are available for all experience levels of riders.

Students bring a riding helmet and closed toed shoes (boots preferred). Any

student who would like to bring their own horse should call for arrangements. Students can learn to ride bareback, English and Western riding or experienced riders can perfect their skills.

See ad on page 2 and mention The Bugle for a special offer on riding lessons.

## Artist of the Month

Each month Arts Council Menifee's Board of Trustees selects an artist to be honored as Artist of the Month. The recipient is notified and congratulated, and then contacted by our MSJC student intern Shawnees Peacock to schedule an interview so that the article can be composed. August was a little bit different.



recommended Shawnees as an intern Journalist, and Arts Council Menifee has benefited from Shawnees' talented writing style each month since.

"We are blessed to have working with us a student Journalist, a literary artist, who appreciates our mission of bringing local artists to the community" says Shirley

Wible, Arts Council Menifee's Literary Arts Division Chairperson.

The recipient for August is none other than Shawnees herself. The Trustees wanted to select a Literary artist, and when the recommendation to honor our student journalist was made, all were in favor.

Shawnees, a 20 year old sophomore at MSJC, has always felt a need to be doing something creative. Although reading and writing are most ingrained in her life today, Shawnees' childhood was filled with dance and fine art.

"I've danced for about ten years, competitively for three years. It was definitely a full time commitment for my family and me," says Shawnees.

These days Shawnees is focused on academics, with writing being the chosen outlet for her thoughts and opinions. She has remained on the President's Honor Roll list since her first semester at MSJC. She is part of the Honors Enrichment Program at MSJC and a member of the Phi Theta Kappa honors society there as well. She is also President, Assistant Editor, and Staff writer of "The Talon", which is MSJC's first student-run newspaper in the last decade. Shawnees is currently being trained to work as a writing center tutor for the Fall 2013 semester.

Arts Council Menifee is thankful for the relationship that has been forged with our local college. Last year, MSJC's Dean of Student Development JoAnna Quejada

When speaking with Shawnees, you get a real sense of her own passion for creative arts and the beauty that she has discovered in it.

"I have an immense love for art. I would live in a modern art museum if that were socially acceptable. My interest in art ultimately influenced my decision to write for Arts Council Menifee," said Shawnees.

As Shawnees continues in her pursuit of a higher education, she has also made a commitment to continue volunteering her time to compose articles for the non-profit arts group. The Arts Council has enjoyed seeing Shawnees develop her skills and confidence, and knows that with her passion to excel in her interests, she will find success in all that she aspires to do.

"Whatever career path I choose, my ultimate goal is to make an impact in some way or another. When I look back on my life, I want to be proud of what I have accomplished. I want to feel that I have lived out my dreams. I want to know that I have experienced all that I can experience".

With such a positive attitude, it is clear why she deserves to be awarded August's "Artist of the Month". Congratulations to literary artist Shawnees Peacock.

# Murrieta Rotary's Honors and Awards

While accepting International and District honors, the Rotary Club of Murrieta presented special awards to four members as the new Rotary year began July 1. Al Vollbrecht (pictured left) was selected by the membership as Rotarian of the Year while Jim Yanoschik, DDS (pictured right), was named Most Esteemed Rotarian. In addition, Immediate Past President Frank Donahoe (pictured center) chose LouEllen Ficke as Most Valuable Rotarian and Linda Dozier as Most Inspirational Rotarian.

"We had a terrific and award-winning year, thanks to the remarkable efforts of our 50 members and especially of the four 'special' Rotarians who all have the motto 'Service Above Self' in their hearts," Donahoe said.

Vollbrecht, a retired municipal administrator and one of Murrieta's first hires after the city incorporated in 1991, has been part of Murrieta's Rotary for 10 years and was in Rotary clubs in Michigan and Colorado before that. During Rotary's 2012-13 year, Vollbrecht oversaw the Club's service projects. He is currently the Club's President Nominee, selected to head the organization in 2015-16.

Dr. Yanoschik, a Temecula dentist, is a charter member of the Murrieta Rotary which was founded in 1992, and he has continued to actively serve the community, including chairing the Club's annual Valentine's Dinner Dance for special needs adults; Salvation Army's Child Spree which the Club participates in, and a dental program in Murrieta Valley Unified School District elementary schools. He is serving as the Club's Foundation Director for the new Rotary year.

The Most Valuable Rotarian Ficke is executive vice president and chief financial officer for Commerce Bank of Temecula Valley. She served as the Club Administrator during 2012-13 and is currently Community Projects Director. She has been a member of the Murrieta Rotary for three years.

Dozier, a retired public relations/corporate communications consultant, has been a member of the Murrieta club since Nov. 2011 and served as editor of the organization's weekly bulletin in addition to assisting in public relations for the

annual Field of Honor. The Inspirational Award came about because she carried out these responsibilities while being treated for multiple myeloma, Donahoe said. In the new Rotary year, she serves as Public Relations Director.

Donahoe said the club received the President's Citation from Rotary International (RI) for meeting goals set by 2012-13 RI President Sakuji Tanaka. A special citation for achievement also came from the District 5330 Governor Jean Easum (Corona-Circle City Rotary). The club was also recognized by the district in all areas of Rotary service - community, youth, vocational and international. Murrieta Rotarians were the top givers on a per capita basis to the Rotary International Foundation, which funds humanitarian projects around the world. Murrieta averaged more than \$500 per member in giving.

Murrieta also topped some 60 District 5330 Rotary Clubs in a special contest of videos produced for YouTube. The local club's video featured the Field of Honor event, held each Veteran's Day week at Town Square Park in Murrieta, with a mass display of American flags honoring personal heroes.

The club runs more than 40 projects as it gives "service above self" each year. Highlights of the year included providing \$8,500 in scholarships to graduating high school seniors, more than \$4,400 in grants to teachers to aid classroom instruction, the Valentine's dinner/dance for special needs adults, vocational service awards to firemen, police and teachers, leadership development camps for youths and free dental screenings for all kindergartners, first, third and fifth graders in MVUSD schools.

Some of the other community service projects provided by the Rotary Club of Murrieta are the Day of Service, Thanksgiving community dinner partnership with Murrieta Mesa High School, and Bell Ringing for the Salvation Army at the local Wal-Mart. Internationally, the Murrieta club has projects in India and Mexico.

For information regarding Rotary membership and more, please visit [www.murrietarotary.org](http://www.murrietarotary.org)



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## Using lights as a coyote deterrent

Last month we reported on a problem with coyotes encroaching on homes in the area and what you can do to deter them. Pets have been nabbed in their own yard, some rescued although with injury and some not lucky enough to have survived.

Animal Friends of the Valleys provided tips on how you may help protect your home and pets through hazing. But one reader called with an idea that worked for them that they happened upon quite by accident. It was at Christmastime and they had strings of little white lights that had a programmed motion device that made the lights appear to move with various patterns over time. Coyotes had been a problem before the lights went on but afterward they were deterred by the motion of the lights. This Temecula resident keeps those moving lights on all year now and the coyotes stay away.

The hazing method is recommended when you are at home and see a coyote on your property. It involves being loud and large:

- Stand tall, wave your arms, and yell at the coyote, approaching him if necessary, until he runs away.
- If a coyote has not been hazed before, he may not immediately run away when you yell at him. If this happens, you may need to walk towards the coyote and increase the intensity of your hazing.
- The coyote may run away, but then stop after a distance and look at you. It is important to continue to go after the coyote until he completely leaves the area.
- Noisemakers: Voice, whistles, air horns, bells, "shaker" cans full of marbles or pennies, pots, lids, or pie pans banged together.
- Projectiles: sticks, small rocks, cans, tennis balls, rubber balls.
- Other: hoses, water guns with vinegar water, spray bottles with vinegar water, pepper spray, bear repellent.

Remember, keeping pets and pet food inside is the best way to not attract coyotes into your yard.

## "Art in Action" Gallery Reception

Arts Council Menifee invites the public to "See Art in Action" at the Art Gallery Reception on Sunday, September 8 from 1 p.m. to 3 p.m., at Kay Cenicerros Community Center located at Newport Road and Evans Road, Menifee.

The public can "See Art in Action" as they browse through the Art Gallery where local artists will be setting up their easels and demonstrating their techniques during the Reception. Artists will be in every room displaying tables of artwork for sale as well as demonstrating watercolor, oil, acrylic and mono-printing. The public is invited to talk with the artists as they work

on their projects. A photographer will be on hand to show the equipment used to produce the fine art photography on display in the Gallery.

Admittance is free and refreshments will be served. A Viewer's Choice will be awarded to the artist or photographer receiving the most votes of the attendees. For more information, call 951-679-1822.

Pictured are Arts Council Menifee President Bill Zimmerman admiring the artwork of Kathleen Crain, one of the artists who will be demonstrating at the "See Art in Action" Gallery Reception.



## Brite Night at the Elks Lodge

The Lake Elsinore/Wildomar Elks Lodge No. 2591 holds meetings the first four Tuesdays of each month. When there is a fifth Tuesday, it is called Brite Nite and special activities or programs are scheduled. At the Brite Nite of July 30 a meeting was held in support of Pawz, an agency which supplies service dogs to veterans with disabilities.

Jenny Mulhern, Elks National Service Foundation Chairperson, highlighted the evening when she presented a check of \$1500 from the foundation toward sponsoring a service dog for a veteran who had been wounded or with a disability. In addition, collections have been taken up for the support of Pawz. The Elks Ladies are also raffling a quilt produced by Colleen Yarchever and her quilting group. They are also donating proceeds from their Sunday desserts for this project.

At the Brite Nite, representatives of Canine Support Teams, Inc., which supports Pawz were present. They were Rosie Girardot, Client and Community Relations Manager, and Kristine Turner, Marketing Manager. They distributed brochures regarding their agency and answered questions from those in attendance. Two veterans were also present with their service dogs.

Pictured left is Brandy Bass, a Navy veteran with her dog "Spirit." Pictured right is Karl Johnstone, a Marine veteran who served three tours in Iraq, with his dog "Trooper". Both dogs are tan Labs and brother and sister. Both veterans described the services the dogs perform.

Also present was Jason Tombleson, A Marine Gunnery Sergeant, who is a member of The Wounded Warrior Group and a supporter of Pawz.



## Open House at St Thomas Of Canterbury

Saint Thomas of Canterbury Episcopal Church, located in Temecula, is holding a community Open House on Sunday, September 15, beginning at 10:15 am. All are invited to attend the Holy Eucharist and then participate in a showcase of all the ministries and activities offered at Saint Thomas of Canterbury.

Displays and demonstrations by the Outreach Committee, the Altar Guild, Education, St. Thomas Episcopal Preschool & Kindergarten, Choir, Prayers & Squares, the Blessing Team, Open Mic, Men of Saint Thomas (MoST), Ushers, Greeters, St. Thomas Thrift Shop, Hospitality, and others will fill the halls. Those interested will have an opportunity to learn all about these activities and to

sign-up to join in with these wonderful ministries of the church.

Plentiful refreshments, music, and door prizes will add to the festivities.

Saint Thomas of Canterbury is known around Temecula for unique outreach programs such as St. Thomas Tuesday Open Mic, the Sweetheart Classic Car Show, and the annual Blessing of the Animals. In fact, the church is pet-friendly, so you are welcome to bring your well-behaved pet to the Open House, including the worship service.

Saint Thomas of Canterbury is located at 44651 Avenida de Misiones, Temecula. Visit our website at [www.episcopalchurchtemecula.org](http://www.episcopalchurchtemecula.org) or call (951) 302-4566 for more information.

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### Crafters Wanted

Adult crafters are invited to participate in the 13th Annual Canyon Lake Holiday Boutique sponsored by the Senior Committee. It is being held on November 9 and 10 at the Senior Center, located at 23307 Canyon Lake Drive (entrance at the main gate). All items must be handcrafted. Entry fee is \$25 with 15% of the crafter's sales donated to the Senior Center. Signups will be held at the Senior Center from 10 a.m. to noon every Monday beginning September 9 through October 21. There will be one evening signup on October 14 from 5 to 7 p.m. For more info contact Betty at 244-4126 or Kathy at 805-3278.

### DYNAMIC WOMEN LUNCH MEETINGS

#### Menifee/Murrieta Success UP NAFE Affiliate Network

Second Wednesday of each month at 11:30.

*Dynamic speakers and the opportunity to network with other dynamic women. Our mission is to help women grow both personally and professionally.*

**Wednesday, September 11 - 11:30am • Networking / Lunch Meeting**  
 Guest Speaker: **Dr. Rhoberta Shaler "Committing Pre-meditated Peace - How to Escape the Drama of Friction & Frenzy"**

Meeting Fee: Members \$10, Guests \$15 (Cash or check payable to Robbie Motter)

**Location:** Boston Billie's (26850 Cherry Hills Blvd. Menifee).

Lunch may be ordered and paid for by the individual directly to the restaurant.

RSVP: **Robbie Motter, Director: 951-679-8048** [rmotter@aol.com](mailto:rmotter@aol.com)

## Reader Ads

**Reader Ads - Four lines of text - \$25 per monthly issue.**

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**Community Missions Night** On Tuesday, Sept. 10 at 6:30 PM., Wes Bentley, Founder of Far Reaching Ministries, will give an update on the Church and the struggle for survival in South Sudan. Global Recordings Network - 41823 Enterprise Circle N, Suite 200, Temecula 92590 **951-719-1650, ext. 225**

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## Club/Org Events

**Retired, Set, Go!** meetings on the 3rd Wednesday of every month from 11:30-12:30 at the Sun City Library, 26982 Cherry Hills Blvd. Free and the public is invited. Topics: aging issues and fun topics of interest to the community. Hospice of the Valleys **951-200-7800**.

**Seniors' Golden Years** -12:45 pm on the second and fourth Wednesdays of each month at the Mary Phillips Senior Center, 41845 6th St. in Temecula. \$ Bingo 100% payout. Lots of fun. For info call **951-694-6466**

**Temecula Valley Computer User Group** <http://www.tvcug.org> 1st Saturday of each month at the Rancho Water District (42135 Winchester Rd., Temecula) from 8:30-11:30 am. All ages welcome.

**SW Riverside County Marine Corps League** Detachment 1057 meets on the last Saturday of each month at 9am at Grand Isles, 24405 Village Walk Place in Murrieta. More info: [www.mcl1057.org](http://www.mcl1057.org) or call **951-775-1191**.

**The Mended Hearts, Inc.** meets the 3rd Saturday of each month, 10 am to noon. We invite heart patients & their caregivers to join us at Rancho Springs Medical Center, 25500 Medical Center Drive, (Administrative Bldg.), Murrieta. More info: **951-461-6958**

**Hand & Foot Card Game** - Every Tuesday from noon to 4:00 pm at the Temeku Clubhouse (41687 Temeku Dr. in Temecula.) Everyone is welcomed. Call Sheila at 951-699-8189.

**Senior Citizen Services** - Monday thru Friday, 8 –noon & 1-4 pm at the Kay Cenicerros Community Center (29995 Evans Road in Sun City). To report a senior at-risk please call **(951) 679-2374**

**Geri-Fit® strength training classes** for older adults offered at Kay Cenicerros Senior Center and Marion V. Ashley Community Center. \$32 for eight classes. Bring 2-pound dumbbells. No floorwork! For more info or to register call **951-694-6873** or visit [gerifit.com](http://gerifit.com)

**Murrieta Breakfast Lions** - Sight and Hearing Assistance Service Club plus youth programs. 2nd and 4th Tuesdays, 7-8 am. Grand Isle Apts. on Village Walk. **951-677-8548 or 461-3054**

**Temecula Valley Elks #2801** meet on the first, third, and fourth Tuesday of each month at the Lodge located at 28061 Diaz Road in Temecula. For info call **951-695-7470**

**Lake Elsinore/Wildomar Elks #2591** meet on the first four Tuesdays of each month at 7:30 p.m. at the lodge located at 33700 Mission Trail, Wildomar. For info call (951) **674-6804**.

**Temecula Valley Rose Society** - Meets on the third Thursday of the month, 10:15 am, at the Temecula Public Library (30600 Pauba Road). Prospective members and guests welcome. [www.temecualvalleyrosesociety.org](http://www.temecualvalleyrosesociety.org) or **951-551-5505**

**Temecula Valley Prospectors** - Monthly meetings held 2nd Saturday of each month. 9:00am to 11:30am, Temecula Community Center (28816 Pujol St., Temecula) Fun with Metal Detecting, Gold Panning, etc. For all ages. <http://gpaatvp.com>

**Temecula Valley Newcomers Club** - third Monday of each month. Activities include Fiesta Fridays, various card games, trips to casinos, theatres, museums. Not necessary to be new to the area to join. Further information: **(951)-696-9888**

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